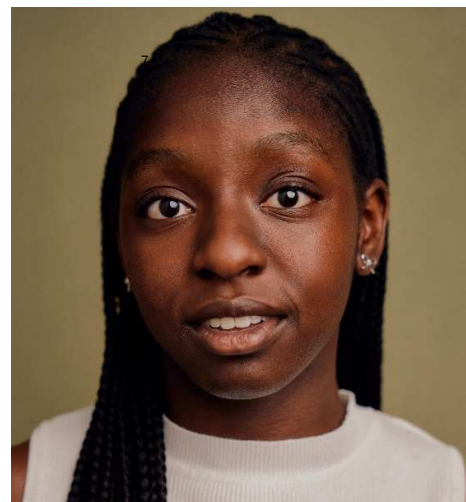


Lala Thomas



Profile	Pronouns She/Her Height 5'3"	Eyes Brown Hair Black	Voice Mezzo Soprano Eligibility Nigeria, UK [pending citizenship]
Credits	LAMDA Productions Posthumous Delia Sandra Masha Juliet Scrap		
	<i>Cymbeline</i> <i>Blues for an Alabama Sky</i> <i>The Play That Goes Wrong</i> <i>Three Sisters</i> <i>Romeo and Juliet</i> <i>Dear Octopus</i>		
	Gemma Crooks Lucy Curtis Dave Hearn Nicole Charles Anita-Joy Uwajeh Simone Coxall		
Skills	Accents Nigerian, General London, MLE, Modern RP, SSB, African American English, African American Vernacular English, American Southern States, California, General American Dance Aerobics, African-Contemporary, African-Traditional, Ballet [Basic], , Modern [Basic], Commercial, Contemporary, Freestyle, Hip Hop, Jazz, Lyrical, Commercial [skilled], African contemporary [skilled] Stage Combat APC [Academy of Performance Combat] Basic: Unarmed, Knife, Small Sword, British Guild of Stage Combat, Level Three [Advanced] Distinction: Group Fight: Found Weapons Music A Cappella, Choral Singing, Jazz, Piano, R & B Singing, Rap, Singing [general] Sport Athletics, Badminton, Field Hockey [Basic], Gymnastics [Basic], Sprinting, Netball, Rounders, Track & Field, Athletics [skilled] Languages Pidgin [fluent] Other Choreography, Clowning, Devising, Directing, Facilitating, Movement, Physical Comedy, Physical Theatre, Spoken Word, Public Speaking & Motivational Speeches, Crotchet, Photography		
Training & Awards	LAMDA, BA (Hons) Professional Acting 2024-2027 BTEC Acting - Level 3 Extended Diploma ~ Arts Educational School, London Drama Scholarship ~ Kingswood School, Bath		